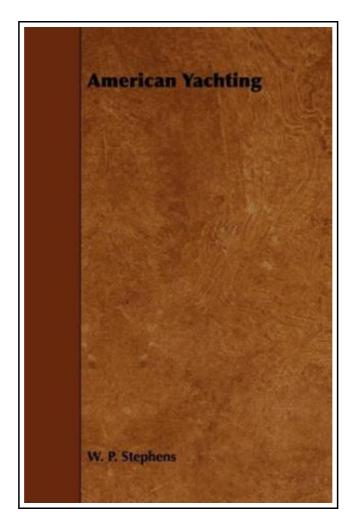
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Read Books, United Kingdom, 2008. Paperback. Book Condition: New. 211 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.INTRODUCTION IN spite of the utilitarian tendencies of the present age, it is fortunately no longer necessary to argue in behalf of sport even the busiest of busy Americans have at last learned the necessity for a certain amount of relaxation and recreation, and that the best way to these lies in the pursuit of some form of outdoor sport. While each has its stanch adherents, who proclaim its superiority to all others, the sport of yachting can perhaps show as much to its credit as any. As a means to perfect physical development, one great point in all sports, it has the advantage of being followed outdoors in the bracing atmosphere of the sea and while it involves severe physical labor and at times actual hardships, it fits its devotees to withstand and enjoy both. In the matter of competition, the salt and savor of all sport, yachting opens a wide and varied field. In cruising there is a constant strife with the elements, and in racing there is the contest of brain and hand against those of equal adversaries. As a mere matter of healthy and exciting exercise, an hour at the tiller of a yacht in a thrash to windward will compare favorably with any other form of active sport. In material and physical points yachting has much to commend it to the leading place in the list of sports but, unlike many others, it goes much further, and can fairly claim a place among the arts and sciences as a purely intellectual pursuit. The science of yacht designing, a branch of yachting which many amateurs follow as a recreation, offers an unlimited field...

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