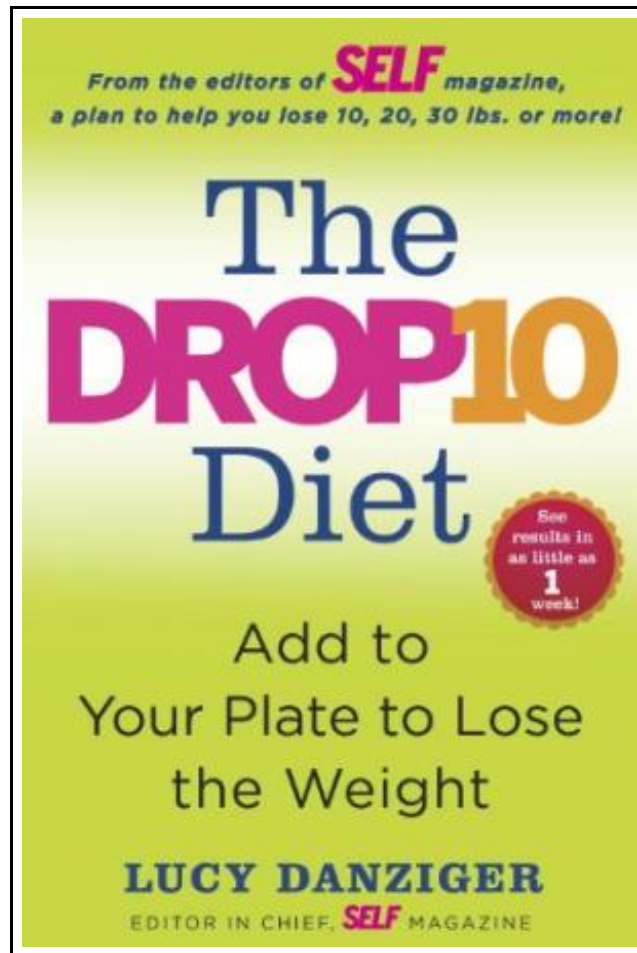


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THE DROP 10 DIET: ADD TO YOUR PLATE TO LOSE THE WEIGHT

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